

## LGBTQIA+ Additional Resources to Explore

### Books/Zines:

The Care We Dream Of: Liberatory and Transformative Approaches to LGBTQ+ Health

Edited by: Zena Sharman

[https://www.amazon.com/Care-Dream-Liberatory-Transformative-Approaches/dp/1551528606/ref=sr\\_1\\_1?crid=TEF8BKK1TK2F&keywords=the+care+we+dream+of+by+zena+sharman&qid=1671732796&srefix=the+care+we%2Caps%2C215&sr=8-1](https://www.amazon.com/Care-Dream-Liberatory-Transformative-Approaches/dp/1551528606/ref=sr_1_1?crid=TEF8BKK1TK2F&keywords=the+care+we+dream+of+by+zena+sharman&qid=1671732796&srefix=the+care+we%2Caps%2C215&sr=8-1)

Bodies and Barriers: Queer Activists on Health

Edited by: Adrian Shanker

<https://www.amazon.com/Bodies-Barriers-Queer-Activists-Health/dp/162963784X>

Beyond the Gender Binary

By: Alok Vaid-Menon

Super short and accessible. Can be read in an hour or two. Highly recommend.

[https://www.amazon.com/Beyond-Gender-Binary-Pocket-Collective/dp/B086P7JKKB/ref=sr\\_1\\_1?crid=2V61UVMKD06Q5&keywords=beyond+the+gender+binary&qid=1671732832&srefix=beyond+the+gender%2Caps%2C159&sr=8-1](https://www.amazon.com/Beyond-Gender-Binary-Pocket-Collective/dp/B086P7JKKB/ref=sr_1_1?crid=2V61UVMKD06Q5&keywords=beyond+the+gender+binary&qid=1671732832&srefix=beyond+the+gender%2Caps%2C159&sr=8-1)

How to They/Them: A Visual Guide to Nonbinary Pronouns and the World of Gender Fluidity

by: Stuart Getty

Fun and easy access. Answers common questions about they/them pronouns and non-binary folks.

[https://www.amazon.com/How-They-Them-Nonbinary-Pronouns/dp/1632173131/ref=sr\\_1\\_1?crid=S3G17BH3ISIE&keywords=how+to+they+them+a+visual+guide&qid=1671732881&srefix=how+to+they+them%2Caps%2C143&sr=8-1](https://www.amazon.com/How-They-Them-Nonbinary-Pronouns/dp/1632173131/ref=sr_1_1?crid=S3G17BH3ISIE&keywords=how+to+they+them+a+visual+guide&qid=1671732881&srefix=how+to+they+them%2Caps%2C143&sr=8-1)

Rethinking Gender: An Illustrated Exploration

By: Louie Lauger

[https://www.amazon.com/Rethinking-Gender-Illustrated-Louie-Lauger/dp/0262047233/ref=sr\\_1\\_1?crid=WLOPW9ONV5CK&keywords=rethinking+gender+an+illustrated+exploration&qid=1671732909&srefix=rethinking+gender%2Caps%2C197&sr=8-1](https://www.amazon.com/Rethinking-Gender-Illustrated-Louie-Lauger/dp/0262047233/ref=sr_1_1?crid=WLOPW9ONV5CK&keywords=rethinking+gender+an+illustrated+exploration&qid=1671732909&srefix=rethinking+gender%2Caps%2C197&sr=8-1)

F\*CK YOUR HEALTH: Little Profane Guide to Taking Care of Our Queer Bodies

By: Kelli Dunham

<https://www.kellidunham.com/wp-content/uploads/2019/03/F-YOUR-HEALTH-GETTING-A-PAP-EXAM.pdf>

## **Websites:**

<https://transstudent.org/gender/>

This is the Gender Unicorn, a fun activity to explore.

<https://www.lgbtqiahealtheducation.org>

This website from The Fenway Institute has tons of educational material! It is all completely free and available for CME credit.

<https://www.cdc.gov/std/treatment/sexualhistory.pdf>

CDC's Inclusive Guide to Taking a Sexual History

<https://nationalcoalitionforsexualhealth.org/tools/for-healthcare-providers/video-series>

The National Coalition for Sexual Health Toolkit- Videos, algorithms, and infographics

Free Training for Buprenorphine/Naloxone and SUD Treatment

<https://pcssnow.org/medications-for-opioid-use-disorder/waiver-training-for-pas/>

## **Podcasts:**

CORE IM: 2 Episodes on Trans Care

<https://www.coreimpodcast.com/2020/03/18/5-pearls-on-transgender-health-gender-affirming-care-episode-1/>

<https://www.coreimpodcast.com/2020/04/01/5-pearls-on-transgender-health-hormone-therapy-and-preventive-screening/>

ALOK

The Man Enough Podcast: The Urgent Need for Compassion

<https://www.youtube.com/watch?v=MowuLKqGQ38>

## **Instagram Accounts:**

Dr. Carlton: Gay GI Doctor

<https://www.instagram.com/doctorcarlton/?hl=en>

Jonathan Baker: Rectal Rockstar

<https://www.instagram.com/rectalrockstar/?hl=en>

LBGT PA Caucus

<https://www.instagram.com/lbgtpacaucus/?hl=en>

GLMA: Health Professionals Advancing LGBTQ+ Equality

[https://www.instagram.com/glma\\_lgbthealth/?hl=en](https://www.instagram.com/glma_lgbthealth/?hl=en)

Queer Surgeon: Dr. Blair Peters

<https://www.instagram.com/queersurgeon/?hl=en>

Delia Sosa, MS: Med Student

<https://www.instagram.com/enby.delia/?hl=en>

Alok V Menon: author. speaker. poet. comedian.

<https://www.instagram.com/alokvmenon/?hl=en>

### **Guidelines for Care:**

World Professional Association for Transgender Health (WPATH) Standards of Care Version 8

<https://www.tandfonline.com/doi/pdf/10.1080/26895269.2022.2100644>

APA DSM V-TR Language Changes regarding Gender Dysphoria

<https://www.psychiatry.org/File%20Library/Psychiatrists/Practice/DSM/DSM-5-TR/APA-DSM5TR-GenderDysphoria.pdf>

Anal Dysplasia Screening Guidelines

[https://howardbrown.org/wp-content/uploads/2019/08/Howard\\_Brown\\_Health\\_Anal\\_Cancer\\_Screening\\_Guidelines-2019.pdf](https://howardbrown.org/wp-content/uploads/2019/08/Howard_Brown_Health_Anal_Cancer_Screening_Guidelines-2019.pdf)

Self-Swab Pap Patient Collection Instructions

<https://www.ebgtz.org/resource/self-swab-collection-instructions-english-spanish-ca-ptc/>

This list is far from exhaustive. It just contains some things I have found helpful.

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